



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College


CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiagangadharMahavidyalaya.ac.in

Name of the Event: Online workshop on Regular Culture and Benefits of Surya Namaskar and Pranayama. Organized by department of Physical Education, dated 07.01.22

Circular or Brochure of the Activity




“Online workshop on Regular Culture and Benefits of Surya Namaskar and Pranayama”

Organized by Physical Education
Mugberia Gangadhar Mahavidyalaya
(A College with Potential for Excellence, DBT Star College, Re-accredited by NAAC 3rd Cycle with Grade B+, Affiliated to Vidyasagar University, West Bengal, India)

Coordinator: Dr Aditya Narayan Adak
Mugberia Gangadhar Mahavidyalaya

Date: 07.01.2022 Time: 12.15 pm
Platform: Online




29.05.2024.
Principal
Mugberia Gangadhar Mahavidyalaya



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Pictures that outlines the activities day wise



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<https://twitter.com/MugberiaM/status/1480200528952893441/photo/3>



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